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opportunity employer  
and provider**

Menu is subject to change

# February 2017 MS/HS Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pizza Glazed Carrots Fruit	2 Teriyaki Chicken Egg Roll Steamed Broccoli Fruit	3 Chicken Sandwich Fish Sandwich Baked Beans Fruit
6 Bosco stick w/ dipping sauce Steamed Broccoli, carrot & cauliflower medley Fruit	7 Chicken Ala King over biscuit Squash Fruit	8 Pizza Coleslaw Fruit	10 Lasagna w/ bread stick Steamed Broccoli Glazed Carrots Fruit	11 Hamburger Black Bean Burger Wedges Sweet Potato Fries Fruit
13 Nacho Chips w meat/cheese sauce Green Beans Fruit	14 Chicken Fajita Sauteed Peppers & Onions Spanish rice Corn Fruit	15 Pizza Pasta Salad Fruit	16 Chicken Tenders Mashed Potato w/ gravy Glazed Carrots Fruit	17  ½ day
20 French Toast Sticks w syrup Hash Brown Sausage Fruit	21 Chicken Alfredo Green Peas Sweet Potato Roll Fruit	22 Pizza Glazed Carrots Fruit	23 Bosco stick w/ dipping sauce Steamed Broccoli, carrot & cauliflower medley Fruit	24 Pulled Pork Potato Wedges Baked Beans Fruit
27 Popcorn Chicken Mashed Potato Corn Fruit	28 Spaghetti Glazed Carrots Green Beans Garlic Bread Fruit	1 Pizza Bean Salad Fruit	2 Burrito Refried Beans Spanish Rice Fruit	3 Hamburger Black Bean Burger Wedges Sweet Potato Fries Fruit

**Daily Offerings:**

**Ham and/or Turkey Sub with cheese      Yogurt with Granola and fruit**

**1%Milk, FF Chocolate or FF Strawberry Milk**

**Fresh Fruit: Apple, Pear, Banana, Orange**

**Veggie Bar: Romaine Mix, Spinach, Broccoli, Carrots, Tomatoes, Celery, Cucumbers, Mushrooms, Olives, Onions, Peppers, Peas, Chick peas,**

**Kidney beans, Black Beans, Croutons, Chow Mein Noodles, Cottage Cheese, Shredded Cheese**

**Condiments include: Ranch, Honey Mustard, Italian, French, Ketchup, Mustard, Mayonnaise**

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## February 2017 Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pizza Glazed Carrots Fruit	2 Mini Corn Dogs Steamed Broccoli Fruit	3 Chicken Sandwich Baked Beans Fruit
6 Bosco stick w/ dipping sauce Steamed Broccoli, carrot & cauliflower medley Fruit	7 Chicken Ala King over biscuit Squash Fruit	8 Pizza Coleslaw Fruit	9 Fish Sticks Steamed Broccoli Glazed Carrots Fruit	10 Hamburger Baked French Fries Fruit
13 Nachos Chips w meat/cheese sauce Green Beans Fruit	14 Chicken Taco Corn Fruit	15 Pizza Pasta Salad Fruit	16 Chicken Tenders Mashed Potato w/ gravy Glazed Carrots Fruit	17  ½ day
20 French Toast Sticks w syrup Hash Brown Sausage Fruit	21 Chicken Alfredo Green Peas Sweet Potato Roll Fruit	22 Pizza Glazed Carrots Fruit	23 Bosco stick w/ dipping sauce Steamed Broccoli, carrot & cauliflower medley Fruit	24 Hot Dog on Bun Tator Tots Fruit
27 Popcorn Chicken Mashed Potato Corn Fruit	28 Spaghetti Glazed Carrots Green Beans Roll Fruit	1 Pizza Three Bean Salad Fruit	2 Burrito Refried Beans Spanish Rice Fruit	3 Hamburger Baked French Fries Fruit

**Daily Offerings:**

**Ham and/or Turkey Sub with cheese      Peanut Butter & Jelly w/ Yogurt**

**1%Milk, FF Chocolate or FF Strawberry Milk**

**Fresh Fruit: Apple, Pear, Banana, Orange**

**Veggie Bar: Romaine Mix, Spinach, Broccoli, Carrots, Tomatoes, Celery, Cucumbers, Mushrooms, Olives, Onions, Peppers, Peas, Chick peas,**

**Kidney beans, Black Beans, Croutons, Chow Mein Noodles, Cottage Cheese, Shredded Cheese**

**Condiments include: Ranch, Honey Mustard, Italian, French, Ketchup, Mustard, Mayonnaise**

# February 2017 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breakfast Pizza	2 French Toast	3 Cinnamon roll
6 Waffles Sausage	7 Ham, Egg & Cheese on English Muffin	8 Pancakes Sausage	9 Breakfast Pizza	10 Cinnamon roll
13 French Toast	14 Scrambled Egg w/ Sausage	15 Breakfast Burrito	16 Waffles Sausage	17 Cinnamon roll
20 French Toast	21 Biscuit w/gravy	22 Pancakes Sausage	23 Breakfast Pizza	24 Cinnamon roll
27 Waffles Sausage	28 Ham, Egg & Cheese on English Muffin	1 Breakfast Pizza	2 French Toast	3 Cinnamon roll

**Daily Offerings:**

**100 % Fruit Juice**

**Oatmeal**

**Cereal w/ Yogurt & Cheese stick**

**1% Milk, FF Chocolate or FF Strawberry Milk**

**Fresh Fruit: Apple, Pear, Banana, Orange**

**Applesauce Cup**